

INDOOR GARDENING JARS

Growing Instructions

Hortiki Plants Eco-friendly Seed Starting Kits

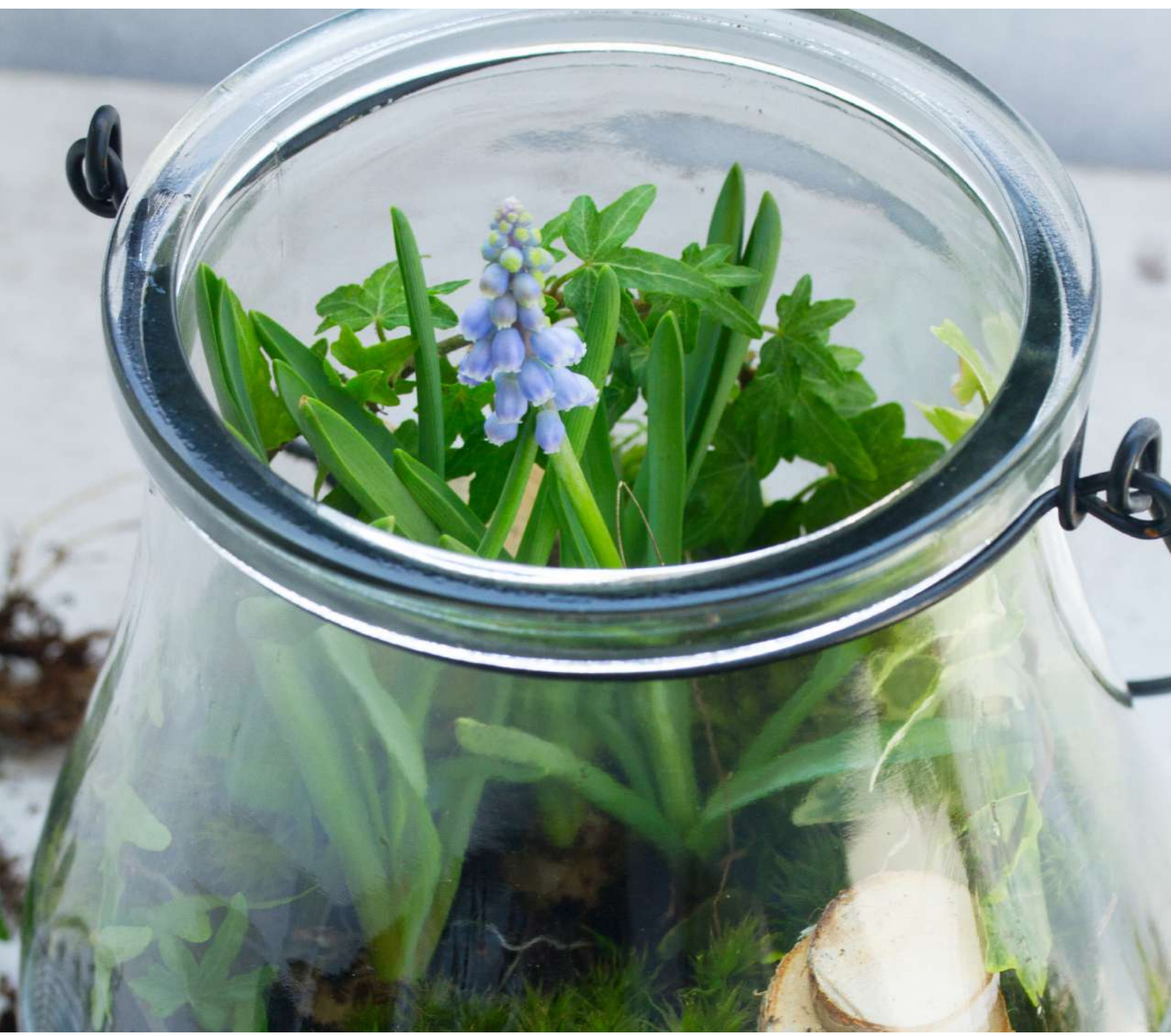




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HOW TO PREP GROW MEDIA:

COCONUT COIR PELLETS

Soak coconut coir pellets in warm water 3-5 minutes to expand. Empty from netting and add to jar on-top of gravel (see next page for layering instructions).

ORGANIC POTTING SOIL

Soak and drain soil before use in colander. Squeeze out extra moisture. Add to jar on-top of coconut coir (see next page for layering instructions).



WATERING YOUR GARDEN JAR: THE TRICKY PART

Mason jars are decorative and eco-friendly plant containers. However, since they don't have drainage wholes, it's important not to overwater. The drainage gravel and loose coconut coir growth media are added to prevent roots from sitting for long period in soggy soil.

Keep your roots healthy by keeping water levels **LOW**. Water only to the top of the gravel line. Any more water and your plants will be swimming instead of growing.

HOW TO LAYER JAR:





READY, SET, GROW: BASIL

Plant 1-3 seeds in jar.

Basil can be slow to germinate, taking anywhere from 5-30 days.

Be patient and keep moist but not soaking wet.

Place in a sunny spot receiving 6 hours of sun daily.

The Globe Basil variety included in this kit will form a 12-18" globe bush with small thin leaves in a large container. To keep the plant from outgrowing your jar, harvest often, cutting back larger (oldest) leaves first.

The leaves produce an intense sweet basil scent with a lightly spicy flavor.



READY, SET, GROW: CALENDULA

Plant 1-2 seeds in the jar, 1/4 inch deep in soil.

Place jar in dark, warm area (70°F) until seeds germinate (6-14 days).

Once seeds have germinated place in sunny window.

Keep soil slightly moist.

Calendula plants are prone to mildew so be careful not to over water.

Fertilize with balanced fertilizer (i.e 10-10-10).

Flowers should bloom in approximately 2 months if they receive enough light.

If flowers plants is growing but flowers don't appear move to sunnier location or try a grow light.

The flowers and leaves of calendula are edible. Consume fresh or dried. Flowers have anti-inflammatory and anti-bacterial properties and can used to treat cuts and scrapes.



READY, SET, GROW: CHIVES AND GARLIC CHIVES

Plant 4-6 seeds evenly spaced in your jar, 1/4 inch deep.

Seeds will germinate in 7-14 days.

Thin after 4 weeks using sharp scissors to carefully cut back smaller, under performing sprouts.

Place jar where plants will receive 4-6 hours of sun daily.

Water every 3-4 days or when soil is dry. Be careful not to over water.

If desired, fertilize after 4 weeks and continue weekly until harvest.

Both flowers and stalks are edible.
Harvest by stalks by cutting down to the base.



READY, SET, GROW: CILANTRO

Plant 3-5 seeds in jar, 1/2 inch deep.

Keep soil moist and cool.

Seeds will germinate in approximately 10 days.

Place in bright but indirect light. If possible place where container will receive bright morning light which is less intensive than sunlight later in the day.

Plant should receive 3-6 hours of sun daily.

Keep soil moist but not soaking wet.

Leaves will be ready for harvest in 50-55 days. Harvest by snipping with sharp scissors,

Harvest no more than 60% of the leaves at once to ensure the plant keeps growing.



READY, SET, GROW: NASTURTIUMS

Plant one seed in the jar, 1/4 inch deep in soil.

Keep cool and damp. Seeds will germinate (7-12 days).

Nasturtiums will grow in either full sun to partial shade.

They will bloom best in full sun, but the plants prefer not to be in extreme heat.

Do not fertilize. Nasturtiums prefer lean soil.

Fertilizer will lead to more foliage and fewer flowers

Flowers should bloom in approximately one month if they receive enough light.

Leaves and flowers are edible, with a peppery tang



READY, SET, GROW: OREGANO

Plant 7-10 seeds in the jar, just beneath surface of soil.

Place in sunny window or under bright grow light.

Seeds will germinate in about 10 days.

Keep soil slightly moist. Only do water deeply when the soil is completely dry.

Oregano is naturally drought resistant so be careful not to over water.

Begin harvesting when plants have are 4-5 inches tall by cutting full stems.

Regularly pinch off leaves to grow a bushier plant and increase harvest.



READY, SET, GROW: PANSIES

Plant 3 seeds in the jar, cover very lightly with soil.

Place jar in dark, cool area (60°F) until seeds germinate.

If needed, cover jar with dark cloth to keep dark but don't forget about them!

Check daily to ensure soil is moist while waiting for germination.

Be patient. Seeds can take up to 3 weeks to germinate.

Once sprouts appear move to sunny spot but continue to be patient.

Plants will mature in 10-15 weeks.

Flowers are edible and make a beautiful garnish for drinks, salads, and desserts.



READY, SET, GROW: PARSLEY

Before planting, chill seeds in the refrigerator for one day then soak overnight in warm water. This can improve and speed germination results.

Plant 1-3 seeds in jar.

Parsley = Patience.

Parsley takes 3-4 weeks to germinate.

Be patient and keep moist but not soaking wet.

Place in a sunny spot receiving 6 hours of sun daily.

Plants will be ready for harvest in 12-14 weeks when plant is 6 inches tall and bushy.

Harvest whole stems, from the base of the plant, to encourage continuous growth.

Hortiki Plants is here to truly
support your gardening journey.
This is just the beginning!

If you are an experienced gardener these basic instructions
may be all you need.

If you are new to container gardening and need additional support
let me know! Share pictures of your plants and get specific
feedback. Want to have a video chat? We can do that too.

Reach out anytime: contact@hortikiplants.com

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THIS ALONE.



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YOU SMALL BUSINESSES YOU



*Hi! My name is Victoria LeBeaux. I'm a scientist, hiker, cupcake lover, and the founder of Hortiki Plants.
I created Hortiki Plants to share love with:*



I want to help you live your best plant life, no matter how small your space or how little gardening experience you have.



People



The Planet

I know you want to garden in an earth friendly way but may struggle to find the right materials. I have a PhD in sustainable agriculture and love reading about this stuff, but you shouldn't have to!



I will do my best to source the most eco-friendly materials I can find.

That means minimal use of plastic, materials made from plants, printing on recycled papers using vegetable based inks, and packaging from recycled materials. I'll also try to source local whenever possible and from trustworthy organizations.

Communities in Need

You want to support business that serve and help communities. Hortiki is of the same heart and mind. 5% of Hortiki Plants profits are donated to organizations helping people and communities grow.



YOU + HORTIKI PLANTS = PLANT

Thank you for being part
of this vision! Hortiki will
miss you if you don't
keep in touch.

Please prevent weeks of
pouting!
Here's how:



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journey! Tag [@hortikiplants](#) on social.

Let me know how our seed starting kits can be improved or
what other products you'd like to see.

[Contact me](#) directly:
victoria@hortikiplants.com



Hortiki Thanks you!

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